

# CSU DVM Coaching Program

## Coaching Program Description

Selected DVM students will be matched with a veterinarian who has received targeted training for coaching at Colorado State University. Student participants and their coach will meet at set times throughout the year and will remain matched for the duration of the four-year DVM program. Over the course of the DVM program students will become a part of a community with their coach and other students in the program. This community will work together to support one another in growing as veterinarians, colleagues, and leaders.

- The coaching program is intended to support the development of universally applicable workplace, relational and interpersonal skills as they relate to veterinary medicine.
- The coaching received through this program is **not** 1) specialty specific mentoring, which is provided through the first-year foundations course and the [Pathways Program](#); 2) wellbeing centered therapy, which is provided through [DVM Counseling Services](#); or 3) academic tutoring, which is provided through the Dean's office.

## Requirements

All coaching sessions will be 1.5 hours, **in person** on the following Friday afternoons between 1:00-5:00 PM.

Student participants **must** be available during the afternoons on these dates:

- 8/23/2024
- 9/27/2024
- 11/8/2024
- 2/21/2025
- 3/28/2025
- May 2025 (Year-end recap; likely Thursday or Friday of finals week)

Students will be expected to complete and submit an assigned written reflection one week before **each** session. Your feedback, which will be collected at the year-end recap and celebration, is necessary and required to help us build and grow this program.

## Selection Process and Next Steps

In mid-July 2024, the coaching leadership team will begin the process of randomly selecting students for the program.

1. You will receive an email from the coaching team, Allyce Lobdell, Dr. Danielle Frey, and/or Dr. Paul Avery, in July-August before courses begin with a notification and additional details about the program.
2. Upon being notified, you will be asked to fill out a Student Information Document.