



Ram Outdoor Leadership Experience (ROLE)

RAM OUTDOOR LEADERSHIP EXPERIENCE - COLORADO STATE UNIVERSITY MOUNTAIN CAMPUS

EMERGENCY CONTACT NUMBER: 970-881-2150

The Ram Outdoor Leadership Experience (ROLE) is an interactive orientation designed to aid the development of professional skills such as communication and teamwork in a relaxed environment. It also provides a great opportunity to meet classmates, DVM faculty and staff.

ROLE is held at CSU's Mountain Campus, in the mountains west of Fort Collins. Located ~9,000 feet above sea level, **it is essential that each person drink plenty of water throughout the stay to avoid dehydration and altitude sickness.**

We highly recommend that you bring the following items:

- Water Bottle
- Sunglasses
- Sunscreen
- Bug repellent
- Jacket or sweatshirt and long pants (mountain weather is unpredictable)
- Closed toe shoes—this is required for participation on all ropes courses**
- Raincoat
- Hat

Cell phone and internet access is not available at the Mountain Campus. Please notify necessary personal contacts that communication will be difficult during your two days at Mountain Campus. Additionally, there are no areas to secure belongings, so please leave your valuables (computers, cell phones) at home.

The office phone may be available for emergency.

This is a drug and alcohol free event!

Challenge Ropes Course



We are fortunate to have the opportunity to offer the experience of both low and high ropes courses. All activities are participation by choice and we hope that all of our students will feel confident and safe to participate. Orientation facilitators respect the fact that the final decision of whether to participate in an activity is up to the individual student. Students are expected to attend all sessions, even if they decide not to participate.

The ropes courses are designed to enhance team building and personal growth. Increased confidence is a common outcome, along with improved communication skills. Risk taking, group problem solving, and leadership also are focal points of participation.

The low elements emphasize teamwork and the need for cooperation and effective communication. The high elements provide individuals with an opportunity to get outside their comfort zones, enhancing personal growth.

For more information on CSU's Mountain Campus you can visit their web site:
<http://www.mountaincampus.colostate.edu/>

We look forward to seeing you in August! Please send all questions regarding the Mountain Campus visit to Adrienne Marcus at Adrienne.Marcus@colostate.edu.