

CSU DVM Student Guidelines for Managing COVID-19 Illness

Audience: CSU DVM students

Purpose: This interim guidance is intended to assist with assessment, monitoring, and on-campus restriction/return decisions for individuals who have tested positive for, or have symptoms consistent with, COVID-19.

Disclaimer: During the COVID-19 pandemic, the Veterinary Health System (VHS) Emergency Management Team (EMT) is continuously evaluating recommendations from public health officials (university, county, state and federal) and the CDC, WHO, AAAP and AVMA amongst others. The guidelines presented here are fluid and will change in accordance with COVID-19 case frequency and distribution. The VHS EMT is committed to continuously re-evaluating recommendations and realizing needed adjustments in public health practices in the DVM learning environment.

Clearance for on-campus academic engagement: Students should be free of any signs of illness related to COVID-19 in order to be on campus. We expect that students will assume responsibility for protecting their personal health and the health of others in the academic community. Importantly, this includes strict adherence to public health guidelines when outside of the learning environment.

I. Reporting illness, practices and restrictions

- A. A student who tests positive for, or has symptoms* consistent with, COVID-19 should immediately phone or email:
- the appropriate faculty member on service
 - the appropriate DVM Student Coordinator (1st and 2nd year students, Ms. Laura Leinen; 3rd and 4th year students, Ms. Deb Liptak).
 - the [CSU public health department](https://www.colostate.edu/ehs/public-health/) (970) 491-6121; ehs_public_health_office@mail.colostate.edu
 - qualified health care provider

The student should immediately go home if on campus, and to stay home until guidance is provided by the student's personal care provider (PCP), other qualified health care provider, or the CSU public health department. If the student does not have a PCP or is unable to access a qualified health care provider, the Student Coordinator will inform the student of resources available through the CSU Health Network, [CSU Student Case Management](#), or local public health department.

*Symptoms consistent with COVID-19 infection may include one or more of the following:

- elevated body temperature (i.e. 100.4°F or 2°F higher than normal baseline if an individual 'runs low')
- cough
- shortness of breath or difficulty breathing
- sore throat
- chills
- fatigue
- muscle or body aches
- headache
- new loss of taste or smell
- congestion or runny nose

- nausea or vomiting
 - diarrhea
- B. Current CDC and regional public health guidelines advise isolation for 10 days. The student may request a modified medical order from their health care provider or other authorized health care professional in order to return to campus sooner (e.g. if an individual tests negative and symptoms resolve quickly).
 - C. The DVM Student Coordinators and faculty members will assure students that all self-disclosed medical conditions are confidential. Information will only be shared if modifications to the academic schedule are required, in which case the DVM Practicum Coordinator Dr. Pete Hellyer and the Associate Dean for DVM Academic and Student Affairs Dr. Melinda Frye will be so advised. Information regarding a personal medical condition will otherwise be kept confidential.
 - D. This being said, please be aware that individuals who test positive for COVID-19 are reported by the testing site to county and CSU public health officials. It is possible that others will be contacted by public or university health officials if it is determined they have had close contact with an individual who tested positive for COVID-19.
 - E. Social distancing practices, self-monitoring, and universal precautions including personal protective equipment (PPE) are in place presently to promote protection for all interactions typically encountered by our students. It is critical that these precautions are fully employed. If a student develops concerns related to COVID health and safety (e.g. lack of PPE use by other individuals, overcrowding) they should immediately verbalize their concerns or leave the area and speak to the relevant faculty member or Student Coordinator.
 - F. A student who is ill for any reason should not be on campus. If a student becomes ill while on the VHS campus, they should go home immediately and notify the four individuals/entities as above. Student illness reflective of COVID-19 may be evaluated by CSU public health officials for recommendations.
 - G. All students should self-monitor for typical COVID-19 symptoms, including temperature elevation, before coming to campus each day. Thermometers will be available at all hours in strategic locations, and an online [self-screening form](#) PDF form is available through the [CSU COVID information site](#). An online portal for health self-screening for students is planned for activation ~Aug 1, 2020 through RamWeb. A student should not come to campus if they display typical COVID-19 symptoms or are otherwise ill. Exceptions to this campus restriction apply to students seeking medical treatment with the CSU Health Network.
 - H. The VHS will receive advisement from university and local public health officials and/or qualified healthcare providers regarding any contact tracing, isolation, self-monitoring, or quarantine procedures warranted if an individual is directly exposed to a person with COVID-19 symptoms or a person who tested positive for COVID-19. This emphasizes the need to practice social distancing and use appropriate PPE both on and off campus in order to minimize educational disruption and protect the health of all within the academic community.

II. Return to campus and monitoring

- A. In the absence of a directive issued by a PCP or other qualified health care provider, the following should be used to determine eligibility for a return to campus after an individual has tested positive for COVID-19 and/or experienced symptoms of COVID-19.
 - a. No symptoms possibly related to COVID-19
 - b. No elevated body temperature for at least 72 hours without the use of medications that reduce fever. Temperature monitoring should begin at the first sign of COVID-19 symptoms or other illness.
 - c. Greater than 10 days since onset of symptoms
- B. The student should coordinate their return with the appropriate Student Coordinator, and upon return to campus adhere to strict hand washing, PPE, and social distancing guidelines.
- C. Students should continue to self-monitor for symptoms and seek re-evaluation from their PCP or qualified health care provider if COVID-19 symptoms recur, and communicate any changes in health status promptly to the appropriate Student Coordinator as outlined in I.A. above.

III. Active surveillance practice.

All students should self-monitor for typical COVID-19 symptoms, including temperature elevation, before coming to campus each day. Thermometers will be available at all hours in strategic locations, and an online [self-screening form](#) PDF is available through the [CSU COVID information site](#). An online portal for health self-screening for students is planned for activation ~Aug 1, 2020 through RamWeb.

IV. References, Resources and Contact Information:

ADA guidance related to temperature checks, sending employees home, etc:

https://www.eeoc.gov/eeoc/newsroom/wysk/wysk_ada_rehabilitaion_act_coronavirus.cfm

CDC guidance for higher education: <https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-ihe-response.html>

CDC guidance for risk assessment: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-risk-assesment-hcp.html>

CSU Public Health contact information: Jeannine.Riess@ColoState.EDU; (970) 491-6121; ehs_public_health_office@Mail.Colostate.edu

CSU Student Case Management: <https://studentcasemanagement.colostate.edu>

CSU Health Network: <https://health.colostate.edu/>

CSU COVID information and FAQ: <https://covidrecovery.colostate.edu/daily-symptom-checker/>

CVMBBS COVID information and resources: <https://colostate.sharepoint.com/sites/CVMBBS-Scope/Pages/Pandemic/COVID-19-Coronavirus.aspx>